



CONSENT FOR SERVICES

Scheduling

Schedule sessions by calling or text. Our first session will be 90 minutes. Follow up visits will be 55 minutes. If you need to reschedule a session, please do so 24 hours in advance. I request a commitment of 3 sessions. After that time, we will re-evaluate your progress and our work together and make further agreements.

Initial Trial Session: \$125

Session Package Prices

3 Session Package: \$500

6 Session Package: \$900

Payments can be made to me by cash, credit card or check.

Confidentiality

I hold everything we say and do confidential unless you present as a physical danger to yourself or others. I will not at any time disclose or communicate your personal information to a third party. I will not divulge that you are seeing me professionally without your permission

Preparation

Please take time to fill out any paperwork or homework prior to our time together. Please come prepared with an intention for each session. Please wear comfortable clothing, no jeans or belts.

Expectations

Please be honest with yourself and with me. I will be supportive, straightforward and confidential. You can say anything to me, positive or negative, this includes honesty in your responses and letting me know if something makes you uncomfortable or if you don't want to respond to a question. My expectation is a full commitment from you on your healing journey. If at any point this does not feel feasible, I request that we discuss this in our sessions.

I have read, understand and agree to above:

Client Signature: _____ Date: _____